

The CAP Annual Meeting was extremely beneficial to attend at my level. As a new resident, attending conferences like this is one of the few opportunities that I have to learn about innovations in the field, and form connections with other professionals on a national level. The event was a great networking opportunity, which allowed me to meet other residents and practicing pathologists from all over the country. The packed lecture schedule provided me with information on a wide range of information on clinical and anatomic pathology, practice management, and even presentation skills. I found the variety of topics to be stimulating and interesting. Lecturers like Dr. Jennifer Hunt from Massachusetts General brought enthusiasm and charisma to their presentations which really engaged me as an audience member. After her presentation I had learned more about thyroid tumors than in any of lectures I had in medical school. The presentation skills workshop was also pretty amazing. Our coach, Dr. Kim Collins, informed us at the beginning of the meeting that we would be videotaped giving a presentation to our small group. After four rounds of presentations, I felt like I had learned multiple techniques that would enhance my future Powerpoint presentations in the future and prevent me from looking awkward on stage. This 2.5 hour long session really gave me some insight on multiple issues that I had struggled with during public presentations. The sessions on practice management were also very interesting at my particular level since they offered a glimpse of the future problems I should anticipate in my future career. Such knowledge is also very helpful now, as I formulate my plans for my career. I am very eager to explore all the different paths and fellowships pathologists can take. I also found that other residents involved in the CAP are very engaging and active individuals. I also hope to become involved in the Residents Forum in the years to come. Other pathology residents at the meeting were very interested in research posters and publications. I found this be very encouraging for the future of pathology that so many individuals have such an interest in research careers. It was a pleasure to converse with so many like-minded people, and I enjoyed learning about the research being conducted at other institutions. I am very grateful for the opportunity to present a poster at such a distinguished conference, and I hope to do so again in the future. I believe that much of the value from the CAP comes from the seamless integration of both the academic and community pathologists. Both sides of the profession seem well represented which was demonstrated by the wide variety of pathologists at the meeting. I met with pathologists who worked on both coasts, in the military, and academic centers who all have a similar energy and enthusiasm for their work. The profession of pathology truly is 'transforming' and that was well represented at this meeting. The CAP seems very pro-resident and I hope to become even more involved in the future.